

## GEORGETOWN RUNNING CLUB, INC. (“GRC”) CODE OF CONDUCT

1. Members are expected to participate regularly in all GRC training, competitions, meetings, and volunteer events.
2. Members are expected to wear the GRC uniform during all running competitions, with exceptions for time trials, alumni races, or at the discretion of the Board.
3. Members are expected to show good sportsmanship and respect towards team members and competitors at all times.
4. Members are expected to maintain personal health standards commensurate with participation in distance running events.
5. Members are expected to abide by all local, state and federal laws.
6. Members are expected to be a good ambassador for the team not only in competitions and practices, but any event in which they may be representing the GRC.
7. Members are expected to abide by WADA and USADA anti-doping rules and regulations.
8. Members are expected to meet and maintain the performance standards set by the board.<sup>1</sup>
9. Members are expected to abide by the rulings of the board, with the understanding that questions and concerns may be addressed to members of the board for discussion and vote in board meetings.
10. Members agree not to compete in races without officially registering, and must represent themselves (i.e. no banditing or knowingly running under an alias or other participant’s name).

I certify that I have read the above and hereby agree to comply with the Code of Conduct of the Georgetown Running Club, Inc. and understand that failure to meet any of the above principles may result in my suspension or expulsion from the club as determined by members of the GRC Board.

Print Name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please print your name in the signature box in lieu of a physical signature

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<sup>1</sup> An individual who does not meet the performance standards is eligible for membership if GRC’s Board, in its sole discretion, recommends that individual for membership. All individuals must be nominated by a team member or team coach in good standing for consideration by the board.